

AUGUST 2025

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BENEFITS & WELLNESS AUGUST BULLETIN



PersonalSage Incentive Promotion

Remember to sign up for this incentive promotion with PersonalSage. You will meet with a financial advisor who can help navigate your unique financial goals. You will receive a \$100 bonus on your paycheck. The next payout date is 9/5. August 15th will be the last session date to be included in the September 5th paycheck. Click on the QR code to schedule. The incentive promotion ends on 9/15 with the final payout on 10/3.

WELLNESS CORNER



- **National Immunization Month:** National Immunization Awareness Month (NIAM) aims to raise awareness about the importance of vaccination across the lifespan to help protect communities from serious diseases. Vaccinations are a vital tool for safeguarding personal health and preventing the spread of infectious diseases. Click [here](#) for more information on schedule of vaccines from birth-18 years old and click [here](#) for the vaccine schedule through adulthood.
- **World Breastfeeding Week:** Even though World Breastfeeding week has ended (8.1-8.7) there are many resources to help you through this journey. Breastfeeding delivers a hopeful future not only for children, but for societies. It reduces healthcare costs, boosts cognitive development, strengthens economies, and sets children up with healthy beginnings. Healthy Pregnancies Healthy Babies is a program that is offered through Cigna that you can sign up for during your first or second trimester. This resource allows you to find support early and as often as you need it. They have maternity specialists that have nursing experience and can support you during your whole pregnancy. While you are on this program you have an opportunity to receive a free breast pump once you have reached your 28th week of pregnancy. Visit the [Benefits Team website](#) for additional information.

FINANCIAL PROTECTION



- **National Dog Month:** Nationwide pet insurance helps you cover veterinary expenses so you can provide your pets with the best care possible without worrying about the cost. The Pet Protection is available for you to enroll at any time throughout the year.
How it works:
 - You may purchase pet insurance via payroll deductions.
 - You will get coverage for your pet's injuries and illnesses.
 - A wellness plan option is available to cover spay/neuter, vaccinations, etc.
 - You receive free, 24/7 access to the vet help line for guidance on any pet health concern.
- My Pet Protection is available in two reimbursement options (50% and 70%) with an optional \$500 wellness benefit. You can find coverage that fits your budget.
Coverage includes:
 - Accidents
 - Illnesses
 - Hereditary and congenital conditions
 - Cancer
 - Behavioral treatments
 - Wellness and moreVisit the [Benefits Team website](#) for additional information.