



YOGA

ACTIVE BALANCE

FITNESS

RECOVER

MEDITATION



Exclusive savings on Gaiam® Yoga and Wellness Products.

As a leading health and wellness lifestyle brand, Gaiam wants to make its yoga, fitness, and wellness products available for Cigna customers.

Check out these great offers from Gaiam:

Get a Yoga for Beginners Kit - only \$19.98. The kit comes in three colors and includes a mat, block, strap and instructional yoga DVD. Use promo code GAIAMKIT

Get 25% off your online purchase of Gaiam yoga or fitness products. Use promo code CIGNAREWARDS

(Customer exclusive offers valid for current customers only. The 25% off offer is valid only on the yoga and fitness categories; the offer is not valid on items in the Clearance category on Gaiam.com. Valid online only; not available in retail stores. Does not apply to previously placed orders. No other coupon or discount may be applied or combined. Other restrictions may apply. Customer discount activated when entering Gaiam through the Healthy Rewards® site or when entering the promo codes in the cart before checkout.)

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**Journey to total wellness at [www.myCigna.com](http://www.myCigna.com) > wellness > Healthy Rewards**

